Easy_EnglishPassage_1003
Technology in Modern Human Life

Words: 744, Characters: 4827 **LEVEL: EASY**

Technology has become an inseparable part of human life in the twenty first century 83
people cannot imagine a single day without using some form of technology from the 165
moment we wake up to the sound of an alarm on our phone till the time we go to bed 248
after checking the last notification our daily routine is surrounded by digital devices 336
computers laptops tablets smartphones smart watches and even home appliances like 418
washing machines and refrigerators are all designed with advanced systems that save 502
time and effort the internet has connected the world like never before it allows instant 591
communication through emails messages and video calls across thousands of 665
kilometers within seconds online education and virtual classrooms have given 742
students the opportunity to learn from global teachers without leaving their homes 825
businesses also use technology for data storage financial transactions and marketing 910
campaigns according to a recent report more than 65 percent of small companies use 993
social media platforms for business growth this shows how digital tools are no longer 1079
optional but essential however technology also comes with challenges people are 1159
becoming addicted to screens spending more than 6 to 8 hours daily on devices which 1243
affects eyesight sleep cycle and mental health children who play games online for 1325
many hours face problems in studies and social interaction cyber security is another 1410
major issue with millions of users storing sensitive data online the risk of hacking and 1499
data theft is very high therefore every user must follow safety steps like using strong 1587
passwords updating antivirus software and avoiding suspicious links despite these 1669
risks the advantages of technology are far greater medical science is using machines 1754
for early detection of diseases robots are assisting in complex surgeries and artificial 1843
intelligence is helping doctors to analyze patient records faster transportation has 1928
also improved with electric vehicles high speed trains and navigation apps which 2009
guide people accurately technology has also supported environmental protection for 2092
example solar panels wind turbines and water recycling systems are innovations that 2176
reduce pollution and save natural resources the future will bring even more advanced 2261
tools such as self driving cars smart cities and virtual reality education but it is our 2350
responsibility to use these resources wisely in a balanced way Technology has become 2435
an inseparable part of human life in the twenty first century people cannot imagine a 2521
single day without using some form of technology from the moment we wake up to the 2604
sound of an alarm on our phone till the time we go to bed after checking the last 2686
notification our daily routine is surrounded by digital devices computers laptops 2768
tablets smartphones smart watches and even home appliances like washing machines 2849

and refrigerators are all designed with advanced systems that save time and effort the 2936
internet has connected the world like never before it allows instant communication 3019
through emails messages and video calls across thousands of kilometers within 3097
seconds online education and virtual classrooms have given students the opportunity 3181
to learn from global teachers without leaving their homes businesses also use 3259
technology for data storage financial transactions and marketing campaigns 3334
according to a recent report more than 65 percent of small companies use social 3414
media platforms for business growth this shows how digital tools are no longer 3493
optional but essential however technology also comes with challenges people are 3573
becoming addicted to screens spending more than 6 to 8 hours daily on devices which 3657
affects eyesight sleep cycle and mental health children who play games online for 3739
many hours face problems in studies and social interaction cyber security is another 3824
major issue with millions of users storing sensitive data online the risk of hacking and 3913
data theft is very high therefore every user must follow safety steps like using strong 4001
passwords updating antivirus software and avoiding suspicious links despite these 4083
risks the advantages of technology are far greater medical science is using machines 4168
for early detection of diseases robots are assisting in complex surgeries and artificial 4257
intelligence is helping doctors to analyze patient records faster transportation has 4342
also improved with electric vehicles high speed trains and navigation apps which 4423
guide people accurately technology has also supported environmental protection for 4506
example solar panels wind turbines and water recycling systems are innovations that 4590
reduce pollution and save natural resources the future will bring even more advanced 4675
tools such as self driving cars smart cities and virtual reality education but it is our 4764
responsibility to use these resources wisely in a balanced way 4827